A method has been developed to obtain quantitative electron diffraction data up to a value of $Q = 20 \text{ Å}^{-1}$ of the modulus of the scattering vector. The experiments were performed on a commercially available transmission electron microscope equipped with a so-called omega energy filter. An analytical multiple scattering correction was applied. The electron diffraction results obtained with amorphous germanium were compared with X-ray and neutron diffraction data and showed good agreement. For an amorphous Ni$_{63}$Nb$_{37}$ sample it was shown that it is possible to estimate the multiple scattering intensity without exact knowledge of the sample thickness. This technique was applied to derive the structure factor for electron diffraction of two precursor-derived amorphous Si-C-N ceramics (a-Si$_{24}$C$_{43}$N$_{33}$ and a-Si$_{40}$C$_{24}$N$_{36}$). The results are consistent with corresponding X-ray diffraction data and with an existing structural model for such ceramics.

**Key words:** Electron Diffraction; Amorphous Materials; Multiple Scattering Correction.